

Minutes

Royton, Shaw & Crompton; Health and Wellbeing meeting

15 June 2017
Royton Town Hall
5.30pm – 7:00pm

ATTENDEES	
Liz Fryman	R,S & C District Team
Councillor J Turner	Crompton Councillor
Eve Edwards	R,S & C District Team
Councillor H Roberts	Royton North Councillor
Councillor C Gloster	Shaw Councillor
Nicola Shore	Age UK Oldham
APOLOGIES	
Councillor M Bashforth	Royton South Councillor
Andrea Tait	OMBC Programme Manager Public Health
Pamela Wells-Heston	CCG
Amanda Barrell	Making Space

1. Welcome, introductions and apologies

LF opened the meeting, thanked those in attendance and apologies were noted.

2. Minutes from previous meeting:

Agreed

3. Updates and matters arising from minutes

No matters arising and all updates on tonight's agenda

4. Slimmin Without Women

10-week programme run by men for men aged 50+

Mondays, 5.30pm-7.30pm at The Railway, 1 Oldham Road, Royton OL2 6DN. Was slow to start but now getting a regular 6 members.

5. Walk Leader Training – Eve Edwards

- Walk Leaders training scheduled for 23 & 24 June, but only one person booked on 23rd. Agreed to cancel 23rd and offer the one participants a place on 24th. This means we can run a second day of training later in the year.
- Eve has successfully used the Couch to 5k programme to generate interest and progression.

6. Couch to 5k

Being run by the Sports Development Team in Partnership with District Team – Eve leading.

- 10-week programme will start wk/c 17th April at Tandle Hill Park, Royton
- Again take up was patchy to start with, but the group has now been divided into 3 levels which has massively improved regular attendance. There is a walkers group, an easy run group and a harder run group. All takes place simultaneously and people can move between the groups depending on their personal goals and how they feel on the night.

7. Learning Lab

This is a public health initiative to bring together partners across CCG patches. Both are districts are in the 'North' cluster and Liz is taking part in workshops and meetings to explore an asset based approach to health. As the name suggests, this is a learning opportunity, but has also been an opportunity to build new links with partners engaged in the public health agenda in social care, borough wide voluntary groups, Oldham College and the CCG itself.

8. Future meetings

Attendance by partners at the meetings has declined and feedback indicates that this is down to capacity issues to attend evening meetings.

It was agreed that we would vary the time of our meeting to include some daytime slots in order to encourage partners to attend.

9. Date of Next Meeting

TBC